

## London Forklift Training Program

London Forklift Training Program - Forklifts are occasionally called hi los, lift trucks or jitneys. These powered industrial trucks are used widely today. Department stores use forklifts in order to unload goods from trailers. Warehouses utilize them for tiering merchandise. And grocery stores make use of small models to drop supplies in the aisles. Whether transporting lumber at a sawmill or loading material at a construction site, operators of forklifts must be trained correctly and licensed. The main concern should be on the safety of the worker and pedestrian. This forklift training course teaches the safety and health rules governing forklifts to be able to guarantee their safe and efficient use.

Forklift Training Program Safety Guidelines:

Forklift training courses are designed to ensure that the operator is able to safely control the forklift in traveling, lifting and tilting. Only qualified operators should drive a forklift.

Safety tips while traveling - head, hands, feet, legs and arms should be kept in the forklift truck throughout traveling. The forks must be low to the ground and tilted back. Observe traffic signs which are posted. Lessen speed and honk the horn when taking a corner. If the driver's vision is blocked by the load, drive backwards slowly. Pre-inspect the ground for potential hazards, such as oily or wet spots, objects, rough patches, holes, people and vehicles. Avoid sudden stops.

If pedestrians pass across the vehicle or moves into a blind spot, the forklift should be stopped, the load lowered, waiting until the path is clear. If a load is being transported on an incline, the forks should be pointed uphill with a load and downhill without a load. The forklift must just be turned around if on level ground.

Safety guidelines while steering - Never turn the steering wheel sharply when traveling fast. Turn making use of the rear wheels and support the load by the front wheels. An overloaded truck would be hard to steer. Follow load limits. Do not add a counterweight as a way to improve steering.

Safety guidelines when loading - The forklift's recommended load capacities must be adhered to; the information can be found on the data plate. Always make certain that the load is placed based on the suggested load centre. The lift truck will remain stable as long as the load is kept near the front wheels.

The mast of the forklift should be in an upright position before inserting the fork into a pallet. Prior to inserting the fork, level it.